

RESCUE PLAN CHECKLIST

What do you do if someone falls and becomes suspended toward the top of the tower? Would you know how to get that person down? A rescue plan helps everyone understand what to do before a fall.

Following are some important components of a rescue plan.

- Gain an understanding of the physical environment you will be working in.
- Determine the proximity of a professional rescue team.
- Determine if 911 works from the area where you would be calling.
- Determine approximate response time for 911 responders.
- Understand the type of rescue that may be necessary (lowering a victim from a ladder, platform or manbasket).
- Determine who is trained to do the rescue.
- Decide if the rescuers will be on-site or stand-by. If stand-by, determine the response time.
- Perform a job safety analysis of the rescue.
 - Is the victim clear of obstructions when s/he is lowered?
 - Does the lifeline deploy correctly?
 - Is the lifeline long enough?
 - Can you see the victim throughout the entire rescue operation?

In addition to having a plan, it is also important to have rescue equipment and supplies on site and ready to be used.

- Rescue devices that can raise or lower a victim, such as a controlled rate descent device
- Ropes and lifelines rated for rescue and evacuation
- Rolling edge protectors or Velcro edge protectors to protect the rope from sharp edges and abrasion
- Designated anchor points for rescue equipment (rated at least 3100 pounds)
- Anchor straps and carabiners for making an anchor point when one is not available or convenient
- First aid kit and defibrillator